

# Press Release

## **For immediate release**

graceNT AG, the inventors, manufacturers and suppliers of the Aldavia® brain & body training methodology are delighted to announce a strategic partnership with Medical Fitness Solutions, USA (MFS) for the inclusion of MFS patented cognitive exercises, fall prevention, fracture reduction and mobility technologies in the Aldavia® service bundle. Important elements of this partnership are graceNT's exclusive representation of MFS in certain territories, and further co-development between the two Companies of digital and brain & body training techniques.

## **graceNT AG**

Founded in 2008 and the inventors of Aldavia®, and pioneers of self-serve and integrated Mental and Physical training services clinically proven in cooperation with established research and domain experts. graceNT is headquartered in Rotkreuz, Switzerland and is quoted on the Duesseldorf Bourse with Aldavia® access points being rolled-out internationally.

## **Aldavia®**

graceNT's branded and patent registered brain & body training methodology with innovative technologies, all digitally controlled and delivering Mental, Physical and Emotional wellbeing. New services including neuro feedback solutions enable consumers to have fun and enjoy “Stay Young” fitness at home, at their office place, and at graceNT's branded City Studios; always on a self-served and pay-as-you-go basis. Employers are also adopting Aldavia® in-house to deliver Occupational Health at work and have less stressed and more productive staffs. Mental awareness, sharpening, self-knowledge, and the deferral of sitting diseases are available on-the-go and even whilst formally dressed for work. Aldavia® is also seen as an antidote for some aging diseases. Near instant gratification is available, as is a short cut to meditation and calming which is the ultimate antidote to burnout and stress.

Aldavia® is the natural alternative to Big Pharma and allows consumers to take control themselves to Stay Young whilst having fun.

## **Medical Fitness Solutions (MFS)**

Medical Fitness Solutions (MFS) is manufacturer of the Korebalance line of computerized balance assessment and training devices. MFS' Korebalance products have been used to successfully identify and treat balance disorders, mitigate fall risk, assist in concussion management, and objectify and treat Mental decline and Dementias.

Furthermore, these devices and techniques have been used to rehabilitate individuals post surgically and improve athletic performance for over 20 years.

These FDA, cFDA and MDD recognized devices are patent pending and unique in their operation and breadth of medical benefit.

“We are excited to partner with graceNT, whose management and vision very much mirror our own goals. Providing science based medically sound programs for better living and graceful aging has been our mission over the past several years. Together with the Korebalance and other proven adaptive treatments we can offer the individual wellness results outside of the third party pay medical delivery system. This model allows our customers to take control of their own health and aging,” claims Dean Sbragia, CEO and inventor of the Korebalance 3.0 devices.

“Medical Fitness Solutions as an outstanding manufacturer of computerized balance assessment and training devices is a perfect fit to graceNT. MFS cognitive software systems integrate perfectly with Aldavia®’s software techniques. Combining physical and mental aspects of Wellbeing, the Korebalance line fully meets the needs of our innovative Aldavia® training approach,” says Matthias Essl, Sales Director and Training Scientist at graceNT. “graceNT is very pleased to forge this relationship and welcomes Medical Fitness Solutions as a part of the Aldavia® studio family.”

**for more information, please contact:**

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