



Advanced Vibration Technology to Improve Patient Wellbeing

pro7HC™



Bring the whole body vibration advantage to your patients with the Power Plate pro7HC. As the leading brand of whole body vibration equipment, Power Plate has been scientifically proven to address a broad range of medical conditions, speed recovery time, and quickly get patients back to normal daily functions.

The pro7HC is the first commercial vibration training machine designed specifically for the needs of medical facilities and treatment centers. With patient-friendly programs focused on neuromuscular activity, pain relief, and regeneration, the integrated LCD touch screen features videos and activity descriptions. Equipped with an integrated Heart Rate Monitor and embedded proMOTION™ multidirectional cables, and real-time variable resistance display, the pro7HC makes assisting patients easier and more efficient.

Whether you are looking to promote neuromuscular activity, alleviate muscle and joint pain, or stimulate the production of beneficial hormones, the pro7HC is a valuable addition to any practice.



Power Plate® pro7HC™ Technical Specifications

Frequency	25-50Hz
Amplitude	Low or High
D-Factor™ Settings	0–8 (with 27 sublevels of intensity)
Time Selections	0–9 minutes (15 second increments)
DualSync™Twin Motor System	Maintains precise balance at any frequency and amplitude level, allowing perfect synchronisation of vibration for maximum muscle response and efficiency
Dimensions (W x D x H)	96cm x 116cm x 152cm / 38in x 46in x 60in
Weight	445lb / 202kg
Power Supply	100–240V, 50/60Hz, Nominal Power: 160-265W, Universal Voltage
Maximum Load	500lb / 227kg
proMOTION™ Dynamic Vibration Technology	Touch screen tension adjustment (three levels) with real-time resistance display; embedded with modular attachment option
STAX™	Advanced Stabilisation and Compensation System
Heart Rate Monitor	ANT+ wireless technology
Operating System	Windows CE 6.0 Professional
Upper Display	10.1in LCD Display (800 x 480 pixel)
USB Port/Hub	USB 1.0 Port x3 (1 external, 1 internal service port)
Net Access	10/100M Ethernet
Audio	2 recessed speakers with headphone option and volume control
PrecisionWave™ Technology	High-fidelity harmonic vibrations system that provides unsurpassed performance for unsurpassed results
Certifications	MDD, CE and EMC (TUV certified); RoHS/ WEEE compliant; FDA listed as Class 1 device, 510k exempt

