

Clinical Profile

when testing for Cognitive Impairment

≥ 75: Normal Cognitive Function:

“Maintain healthy lifestyle and overall wellness”

Between 51-74: Low-Moderate Cognitive Impairment:

“Start the doctor-patient dialog”

≤ 50: Severe Cognitive Impairment:

“Optimal doctor-patient management matters”

Cognitive impairment may be caused by a number of underlying conditions.

Main Categories	Underlying conditions most commonly associated with cognitive impairment	
Lifestyle	<ul style="list-style-type: none"> • Poor Diet • Sedentarism • Stress 	<ul style="list-style-type: none"> • Unbalanced Work-Life Style • Substance Abuse • Polypharmacy
Cardiovascular	<ul style="list-style-type: none"> • High Blood Pressure • Heart Failure • COPD 	<ul style="list-style-type: none"> • Arrhythmias • Post-Myocardial Infarction • Cardio-Renal Syndrome
Metabolic	<ul style="list-style-type: none"> • Diabetes • Vitamin Deficiencies 	<ul style="list-style-type: none"> • Dyslipidemia • Liver Diseases (Cirrhosis, Hepatitis, etc.)
Sleep Disorders	<ul style="list-style-type: none"> • Chronic Insomnia • Sleep Apnea 	<ul style="list-style-type: none"> • Restless Legs Syndrome
Neurological Disorders	<ul style="list-style-type: none"> • Chronic Depression, Anxiety • Chronic Pain • TBI 	<ul style="list-style-type: none"> • Multiple Sclerosis • Epilepsy • Parkinson’s Disease • Post – Stroke • Dementias (Vascular, Alzheimer’s Disease, Fronto-Temporal, Lewy Body)
Hormonal Unbalances	<ul style="list-style-type: none"> • Hyper/Hypothyroidism • Menopause 	
Other	<ul style="list-style-type: none"> • Post-Surgery • Post- Chemo/Radiation 	<ul style="list-style-type: none"> • During Hemodialysis • Environmental Toxins: (Arsenic, Lead, Mercury, Asbestos)



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