



Walk Safely While Seated



Connie
96 years young

"It's the first thing I do when I wake up. I enjoy my coffee, watching tv, and talking on the phone while on the miniTREAD. **When you're feeling good, you enjoy everything!"**

– Connie, 96 years young



Fits between wheelchair legs



Balance & Stability



Boost Circulation



Ease of use for the mobility limited

Walk a mile From Your Chair... any age, any fitness level

Exercise Safely and Comfortably While Seated

Quiet, lightweight and portable. Simple and easy to use from a chair, wheelchair or under a desk.

Initial Clinical Test Results

"With less body weight and stress on the joints, it appears the "walking-like" movement from a seated position had **virtually the same metabolic results as walking on a standard treadmill** with the added benefit of safety."

— Physician's Center for Exercise and Sports Medicine, University of Oklahoma



19" x 20"
Motorized miniTREAD®

Sit. Walk. Thrive.

Contact us for a demo and more information:

info@medicalfitsolutions.com

(800) 831-7665