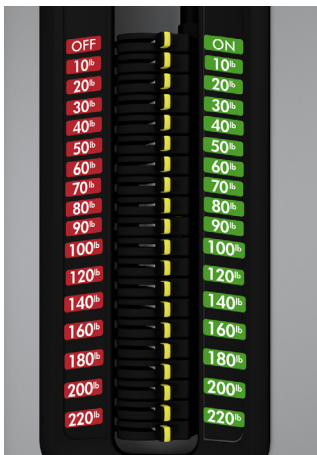


# NAUTILUS INSPIRATION



## A STRONGER FIRST IMPRESSION

Designed with beautiful, modern aesthetics and uniform towers, Nautilus Inspiration Strength® makes a powerful first impression. Each machine captures the essence of natural movement. Members will appreciate the many easy to use and easy to see features like our patented Lock N Load weight selection system, the wrap-around assisted seat adjustment, lenticular image placards, pre-stretch and range of motion controls designed to enhance each user's experience.



### LOCK N LOAD® WEIGHT SELECTION

Selecting a weight with the intuitive Lock N Load design is as easy as flicking a switch. Universally color coded switches engage and disengage the weight via an internal pin, providing a safer, more durable and maintenance free operation. Lock N Load prevents unnecessary maintenance headaches since there are no pins to lose or replace.



### SMART TOWER DESIGN

The beautifully designed Nautilus Inspiration line, with their uniform 64" (163 cm) towers, deliver superior lines of site across your venue and create a visually powerful impression during facility tours. The tower housing is designed to accommodate custom graphics and wraps to personalize the equipment in your facility.



**LEG EXTENSION IPLE3**

<b>W</b>	48 IN ( 122 CM)
<b>L</b>	53 IN (135 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	240 LBS (109 KG)
<b>OVERALL WEIGHT</b>	717 LB (325 KG)
<b>SHIPPING WEIGHT</b>	800 LB (363 KG)



**ABDOMINAL CRUNCH IPAC3**

<b>W</b>	52 IN (132 CM)
<b>L</b>	51 IN (130 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	200 LB (91 KG)
<b>OVERALL WEIGHT</b>	684 LB (310 KG)
<b>SHIPPING WEIGHT</b>	776 LB (352 KG)



**LEG PRESS IPLP3**

<b>W</b>	54 IN (137 CM)
<b>L</b>	74 IN (187 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	400 LB (181 KG)
<b>OVERALL WEIGHT</b>	1120 LB (508 KG)
<b>SHIPPING WEIGHT</b>	1,204 LB (546 KG)



**LEG CURL IPLC3**

<b>W</b>	46 IN (117 CM)
<b>L</b>	64 IN (163 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	240 LB (109 KG)
<b>OVERALL WEIGHT</b>	743 LB (337 KG)
<b>SHIPPING WEIGHT</b>	833 LB (378 KG)



**ABDUCTION/ ADDUCTION IPAA4**

<b>W</b>	55 IN (140 CM)
<b>L</b>	56 IN (142CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	200 LB (91 KG)
<b>OVERALL WEIGHT</b>	657 LB (298 KG)
<b>SHIPPING WEIGHT</b>	734 LB (333 KG)



**GLUTE PRESS IPGM3**

<b>W</b>	45 IN (114 CM)
<b>L</b>	75 IN (191 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	240 LB (109 KG)
<b>OVERALL WEIGHT</b>	600 LB (272 KG)
<b>SHIPPING WEIGHT</b>	679 LB (308 KG)



**CHEST PRESS IPVP3**

<b>W</b>	59 IN (150 CM)
<b>L</b>	43 IN (109 CM)
<b>H</b>	76 IN (193 CM)
<b>STACK WEIGHT</b>	240 LB (109 KG)
<b>OVERALL WEIGHT</b>	664 LB (301 KG)
<b>SHIPPING WEIGHT</b>	730 LB (331 KG)



**LAT PULL DOWN IPPD3**

<b>W</b>	55 IN (140 CM)
<b>L</b>	55 IN (140 CM)
<b>H</b>	77 IN (196 CM)
<b>STACK WEIGHT</b>	240 LB (109 KG)
<b>OVERALL WEIGHT</b>	715 LB (324 KG)
<b>SHIPPING WEIGHT</b>	805 LB (365 KG)



**VERTICAL ROW IPVR3**

<b>W</b>	50 IN (127 CM)
<b>L</b>	45 IN (114 CM)
<b>H</b>	77 IN (196 CM)
<b>STACK WEIGHT</b>	240 LB (108 KG)
<b>OVERALL WEIGHT</b>	690 LB (313 KG)
<b>SHIPPING WEIGHT</b>	772 LB (350 KG)



**PULL OVER IPPO3**

<b>W</b>	58 IN (147 CM)
<b>L</b>	58 IN (147 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	200 LB (91 KG)
<b>OVERALL WEIGHT</b>	693 LB (314 KG)
<b>SHIPPING WEIGHT</b>	783 LB (355 KG)



**PEC FLY/ REAR DELTOID IPPF3**

<b>W</b>	58 IN (147 CM)
<b>L</b>	46 IN (117 CM)
<b>H</b>	80 IN (203 CM)
<b>STACK WEIGHT</b>	240 LB (109 KG)
<b>OVERALL WEIGHT</b>	706 LB (320 KG)
<b>SHIPPING WEIGHT</b>	798 LB (362 KG)



**SHOULDER PRESS IPSP3**

<b>W</b>	58 IN (147 CM)
<b>L</b>	60 IN (152 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	200 LB (91 KG)
<b>OVERALL WEIGHT</b>	609 LB (276 KG)
<b>SHIPPING WEIGHT</b>	697 LB (316 KG)



**DELTOID RAISE IPDR3**

<b>W</b>	52 IN (132 CM)
<b>L</b>	47 IN (119 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	200 LB (91 KG)
<b>OVERALL WEIGHT</b>	618 LB (280 KG)
<b>SHIPPING WEIGHT</b>	686 LB (311 KG)



**BICEPS CURL IPBC3**

<b>W</b>	56 IN (142 CM)
<b>L</b>	45 IN (114 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	200 LB (91 KG)
<b>OVERALL WEIGHT</b>	613 LB (278 KG)
<b>SHIPPING WEIGHT</b>	699 LB (317 KG)



**BILATERAL ARM CURL IPBA3**

<b>W</b>	56 IN (142 CM)
<b>L</b>	45 IN (114 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	200 LB (91 KG)
<b>OVERALL WEIGHT</b>	618 LB (280 KG)
<b>SHIPPING WEIGHT</b>	692 LB (314 KG)



**TRICEP EXTENSION IPTE3**

<b>W</b>	54 IN (136 CM)
<b>L</b>	57 IN (147 CM)
<b>H</b>	64 IN (161 CM)
<b>STACK WEIGHT</b>	240 LB (109 KG)
<b>OVERALL WEIGHT</b>	620 LB (281 KG)
<b>SHIPPING WEIGHT</b>	694 LB (315 KG)



**BACK EXTENSION IPBE3**

<b>W</b>	51 IN (130 CM)
<b>L</b>	50 IN (127 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	200 LB (91 KG)
<b>OVERALL WEIGHT</b>	600 LB (272 KG)
<b>SHIPPING WEIGHT</b>	688 LB (312 KG)



**TRICEP DIP IPTD4**

<b>W</b>	52 IN (132 CM)
<b>L</b>	51 IN (130 CM)
<b>H</b>	64 IN (163 CM)
<b>STACK WEIGHT</b>	240 LBS (109 KG)
<b>OVERALL WEIGHT</b>	750 LB (340 KG)
<b>SHIPPING WEIGHT</b>	831 LB (377 KG)



**DUAL ADJUSTABLE PULLEY  
NP-D9302**

<b>W</b>	62 IN (157 CM)
<b>L</b>	46 IN (117 CM)
<b>H</b>	91 IN (231 CM)
<b>STACK WEIGHT</b>	2 X 400 LB (2 X 181 KG) 2 X 100 LB (AT HANDLE)
<b>OVERALL WEIGHT</b>	1,308 LB (593 KG)
<b>SHIPPING WEIGHT</b>	1,394 LB (632 KG)

**ADJUSTMENTS & MOVEMENTS**

<b>USER DEFINED RANGE OF MOTION</b>	Fixed path, except for Dual Adjustable Pulley
<b>ASSISTED ADJUSTMENTS</b>	Gas assist shock, wrap around handles on all seat height adjustments.
<b>COLOR CODED PIVOT POINTS AND ADJUSTMENTS</b>	Yes on all units
<b>UNILATERAL OR BILATERAL MOVEMENT</b>	Unilateral and Bilateral dependent on Sku
<b>CONVERGING OR DIVERGING MOVEMENTS</b>	Converging and Diverging motion with user pre-stretch adjustment for optimal start position dependent on SKU
<b>PULLEY RATIO</b>	4:1 on Dual Adjustable Pulley

**FRAME SPECIFICATIONS & CABLE INFORMATION**

<b>STANDARD FRAME COLOR OPTIONS</b>	60 Black
<b>STANDARD UPHOLSTERY COLOR OPTIONS</b>	Black
<b>FRAME FINISH</b>	Electrostatic Powder coating
<b>CUSTOMIZABLE PAINT OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE BRANDING OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CABLE VS. BELT DRIVEN TRANSMISSION</b>	Cable drive
<b>BOLT DOWN LOCATIONS DEFINED</b>	Yes
<b>INTEGRATED LEVELING SYSTEM</b>	Yes
<b>HARDWARE TYPE</b>	Hex / Button Head
<b>TUBING STYLE &amp; THICKNESS</b>	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

**USER SPECIFIC INFORMATION**

<b>STATIC PLACARDS</b>	Animated lenticulars, showing start and stop positions
<b>MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE</b>	Yes
<b>ANIMATED LENTICULAR</b>	Animated lenticulars, showing start and stop positions
<b>SAFETY CATCH &amp; STOPS</b>	Yes, where applicable
<b>WATER BOTTLE HOLDER</b>	Yes, integrated to weight stack tower, eye level
<b>PHONE HOLDER</b>	Yes, adjustable in size and position
<b>GRIP SPECIFICATIONS</b>	Rubber, large grips for pushing, smaller grips for pulling.
<b>FOOT PLATFORM</b>	Machine dependent
<b>CONTOURED PADS</b>	Yes, contoured back pads on select machines with lumbar support
<b>BELT STABILIZATION SYSTEM</b>	Yes on the IPPO only

**WEIGHT STACK SPECIFICATIONS**

<b>TOTAL STACK WEIGHT</b>	Machine dependent
<b>INCREMENTAL WEIGHT SYSTEM</b>	10 lb increment, 5 lb add on
<b>WEIGHT STACK TOWER HEIGHT</b>	Standard 64in (163 cm) height on all products
<b>PLATE LOADED</b>	N/A
<b>WEIGHT STORAGE SOLUTION</b>	N/A
<b>LNL TECHNOLOGY</b>	Yes
<b>ADD-ON RESISTANCE AVAILABLE</b>	Yes, 5 lb incremental add on plate
<b>WEIGHT STACK SHROUD SPECIFICATIONS</b>	Uniform size, standard steel / customized aluminum materials