



Connie
96 years young

"It's the first thing I do when I wake up. I enjoy my coffee, watching tv, and talking on the phone while on the miniTREAD. **When you're feeling good, you enjoy everything!"**
– Connie, 96 years young



Fits between wheelchair legs



Balance & Stability



Boost Circulation



Ease of use for the mobility limited

Walk a mile From Your Chair... any age, any fitness level

Exercise Safely and Comfortably While Seated

Quiet, lightweight and portable. Simple and easy to use from a chair, wheelchair or under a desk.

Initial Clinical Test Results

"With less body weight and stress on the joints, it appears the "walking-like" movement from a seated position had **virtually the same metabolic results as walking on a standard treadmill** with the added benefit of safety."

— Physician's Center for Exercise and Sports Medicine, University of Oklahoma



19" x 20"
Motorized miniTREAD®

Sit. Walk. Thrive.

Contact us for a demo and more information:

info@medicalfitsolutions.com
(800) 831-7665



PRODUCT DESCRIPTION

Motorized miniTREAD®

Whether working on your laptop or watching TV, the miniTREAD® is a better way to burn calories and measure results... all while seated.

- Designed to fit under most desks. Recommended desk height from the floor to the underside is at least 25 - inches (58.3 cm)
- Exercise with as little as 2-3" of clearance between your knees and the underside of your desk
- Use comfortably while watching TV or reading a book
- Perfect for working from home or while watching TV
- Sleek, lightweight design fits under a desk and is easily stored
- Recessed handles on each side make it easy to move
- Speeds from .3mph to 2.5mph
- Remote controls speed and scans tracks calories, distance, time, speed and steps
- Burns calories while you work, with low to no joint stress
- Easy to adjust incline options
- Leveling feet for stability
- Appropriate for most age groups

SPECS & SHIPPING

Motorized miniTREAD® | Model # 20-MMT1

Length..... 18.8" (48cm)

Width.....19.8" (50 cm)

Height.....5.5" (14.0 cm)

Weight.....23.6 lbs. (10.7 kg)

Maximum Leg Load Weight on unit: 80 lbs. (36 kg)

Maximum Weight Capacity of user: 300 lbs. (136 kg)



SAFETY FEATURES

Use while safely seated only. NEVER stand on miniTREAD®

One tap Emergency shut off switch on unit

Stop button on handheld remote control

Immediate shut off of miniTREAD if you stand (more than 80 lbs. of leg load automatically stops the miniTREAD®)

300 lbs. max user weight