

## 400 RECUMBENT BIKE

The C400 Recumbent Bike combines reliability with a step-through design for users of any fitness level to enjoy. The compact, self-powered options allow you to maximize the space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.



### FEATURES

- Self-Generating Capability (Or plug-in, depending on console)
- 30 Resistance Levels
- 40-450 Watts Workload Range

### SPECIFICATIONS

#### DIMENSIONS (L X W X H)

65" x 30" x 54" / 166 cm x 76.2 cm x 137.16 cm

#### RESISTANCE SOURCE

Hybrid Self-Generating Brake

#### DRIVE SYSTEM

Single Stage Drive System with Poly-V Belt

#### PRODUCT WEIGHT

165 lbs / 76 kg

#### COLOR

Charcoal/Black

### CONSOLE OPTIONS



**ENVISION II**  
16" Touchscreen



**ENVISION II**  
9" Touchscreen



**SHOWRUNNER II**  
16" Integrated LCD



**EMERGE II**  
LED Console

# 400 SERIES



## C400 RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	<b>Power Source</b>	Optional 110V, Self-Generating (with Emerge II or Envision II 9"), 220V Option Available (with Envision II 16" and Showrunner II)
	<b>Cord Length</b>	10' / 3.0 M
	<b>Drive System</b>	Single Stage Drive System with Poly-V Belt
	<b>Crank</b>	1-Piece Steel Crank System with Sealed Bearings
	<b>Resistance Source</b>	Hybrid Self-Generating Brake
	<b>Resistance Levels</b>	30
	<b>Workload Range</b>	40-450 Watts
	<b>Frame Construction</b>	Robotically Welded Heavy-Gauge Steel
	<b>Pedals</b>	Dual Sided and Weighted with Integrated Ratcheting Strap
	<b>Seat</b>	Ergonomic Seat with 25 Forward and Backward Position Settings
	<b>Handlebar Design</b>	Multi Position with Moisture-Resistant Sleeves
	<b>Contact Heart Rate Monitoring</b>	Yes
	<b>Wireless Heart Rate Monitoring</b>	Polar® Compatible
	AVAILABLE CONSOLES	Envision II 16", Envision II 9", ShowRunner II, Emerge II
ASSET MANAGEMENT	EcoFit	
SAFETY	Reinforced Walk-Through Design	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, FCC	
EXTRAS	<b>Accessories</b>	Water Bottle Holder, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	<b>Footprint</b>	65" L x 30" W x 54" H / 166 cm x 76.2 cm x 137.16 cm
	<b>Machine Weight</b>	165 lbs / 76 kg
	<b>Shipping Weight</b>	185 lbs / 84 kg
	<b>Maximum User Weight</b>	400 lbs / 181 kg
	<b>Portability</b>	2 Front Transport Wheels
WARRANTY	<b>Warranty Type</b>	Vertical (Commercial Upon Request)
	<b>Frame</b>	Lifetime
	<b>Parts</b>	5 Years (Envision II and Showrunner II Consoles 3 years)
	<b>Labor</b>	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.