

# FS-100 FITNESS LINE FUNCTIONAL TRAINER



Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

## **FEATURES**

- Pulley housings rotate 270° to allow movement in multiple planes
- Choice of 23 vertical positions clearly marked 1-23 on adjustment tube
- Color coded exercise guide clearly illustrates the starting and ending positions of 18 primary exercises divided into 6 categories
- Optional accessory kit includes Triceps Rope, Sports Handle, Ankle Strap, Teardrop Handle (2)

## **SPECIFICATIONS**

### **DIMENSIONS (L x W x H)**

39" x 63" x 88" / 99 cm x 159 cm x 222 cm

### **PRODUCT WEIGHT**

Weight Stacks: 130 lbs / 59 kg each

Resistance Weight : 65 lbs / 29.5 kg each

Pull Force Increments : 5 lbs / 2.3 kg

Cable Travel: 8 ft / 244 cm per handle

Machine Weight: 505 lbs / 229 kg

Floor Loading: 48 lbs / sq foot 233 kg / sq meter

### **COLOR**

Matte Black

