

# FS-70 FITNESS LINE SINGLE ADJUSTABLE CABLE COLUMN



Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

## **FEATURES**

- Pulley housing adjusts easily and includes dual pulleys that rotate freely to allow movement in multiple planes
- Choice of 15 vertical positions from 11.5" (29cm) to 73" (185cm)
- Exercise guide clearly illustrates the starting and ending positions of 10 primary exercises

## **SPECIFICATIONS**

### **DIMENSIONS (L x W x H)**

53" x 56" x 83" / 135 cm x 142 cm x 211 cm

### **PRODUCT WEIGHT**

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Resistance Weight	42 lbs / 20 kg	62.5 lbs / 29 kg
Machine Weight	445 lbs / 202 kg	525 lbs / 238 kg
Pull Force Increments	2.5 lbs / 1.1 kg	3.75 lbs / 1.7 kg
Cable Travel	10.4' / 317cm per handle 5.2' / 158cm when using both handles	

