






# pro8

-  Accelerates and maximizes results
-  PrecisionWave Technology™
-  Patented multidirectional vibration
-  Helps boost recovery time
-  A complete workout in only 15 minutes

## The Ultimate for Performance.

Here it is, the new Power Plate pro8, - the largest, most advanced, feature-rich model of any Power Plate in our portfolio! From embedded exercise videos, an integrated LCD touchscreen, to electronically controlled proMOTION resistance cables, the pro8 HAS IT ALL.

The pro8 delivers the incredible versatility elite health clubs, trainers and clients have come to expect from top-of-the line Power Plate models.

Functional training made simple.





### Power Plate® Pro8™ Technical Specifications

Color (standard)	Matte Black
Machine Dimensions (W x D x H)	38in x 44in x 61in / 95cm x 113cm x 154cm
Platform Dimensions (W x D x H)	38in x 33in x 12in / 95cm x 84cm x 31cm
Weight	169kg / 373lb
Power Supply	100-240V, 50/60 Hertz, Universal Voltage
Nominal Power	160-265VA
Maximum Load	227.2kg / 500lb
Operation	User-friendly interactive touch screen computer
DualSync Twin Motor System	DualSync Twin Motor System maintains precise balance at any frequency and amplitude level, allowing perfect synchronization of vibration for maximum muscle response and efficiency.
PrecisionWave Technology	High-fidelity harmonic vibration system that provides uncompromising performance for unsurpassed results.
Frequencies	25 - 50 Hertz (1 Hz increments)
Time Selections	0 - 9 minutes (15 second increments)
Amplitude	High or Low
Certifications	PSE, CE Standard Electrical , NRTL, C-NRTL; FCC, FDA Listed as Class 1 Device, RoHS / WEEE compliant

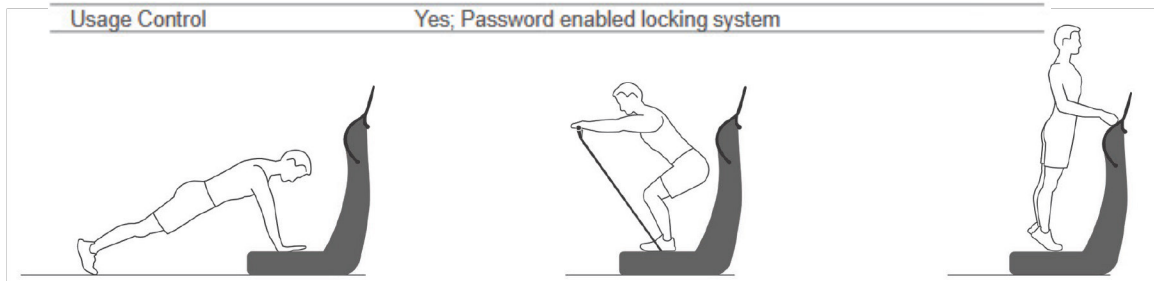
### Computer & Software Specifications

Operating System Windows	Android OS 64bit System
Software	Power Plate proprietary Pro8 software
Graphics	High Performance 3D Graphic Accelerator
CPU	Samsung S5P6818 Octa-core Cortex A53 processor (16GB eMMC)
Hard Drive (Storage)	TF card slot : Support iNAND, MMC/SD 64GB
Screen/Monitor	LVDS Type LCD ,Resolution :1280X800(RGB), 10.1 inch
USB Port/Hub	USB 1.0 Port x1

### proMOTION™ Dynamic Vibration Technology Specifications

Resistance Levels	Low, Medium & High resistance control from touchscreen using electronic proMOTION
Cable	Maximum 2.2m / 98.4in
proMOTION	Embedded / Electronic Resistance Controls

Usage Control Yes; Password enabled locking system



Push-Up

Squat w/Static Strap

Calf Stretch

For training tips, workouts and even more ways to get the most out of our products, download the Power Plate



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